


RED RIBBON CLUB


Government Degree College, Nowshera

ACTIVITIES CARRIED OUT BY RED RIBBON CLUB DURING THE SESSION 2020-21:

1. COMMUNITY AWARENESS PROGRAM TO CELEBRATE INTERNATIONAL WOMEN DAY ON 8th OF MARCH.

Website- www.gdcnowshera.co.in E-mail ID- gdcnowshera@gmail.com


 **Govt. Degree College Nowshera**
Affiliated to University of Jammu

 **RED RIBBON CLUB**

Organizing

8th March
12:30 P.M

Community Awareness Programme
to Commemorate
International Women's Day



Purpose:-

- ❖ Make the women self-reliant and to sensitize them of common health problems.

Main Attraction of the Event:-

- Demonstration of the Cultivation Technology of oyster Mushroom (dhingri)
- Awareness Lecture on **"Health Issues Related to Women."**
- Felicitation of an Eminent Woman for her Exemplary Performance.

The Awareness Programme shall be held in Darshan Nagar Area of Nowshera Town.

Chief Patron Dr. Surinder Kumar Principal	Co-Ordinator Prof. Pooja Devi Nodal Officer Red Ribbon Club	Organizing Committee Dr. Rubeenah Akhter Ms. Manisha Kanchru Ms. Madhu Bala
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OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)
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No.DCN/20/5244
Dated:-08/03/2021

Press Release

"GDC Nowshera celebrated International Women's Day, 2021".

Government Degree College, Nowshera on the occasion of International Women's Day organized various activities. This day is symbolic of the historic journey women around the world have taken to better their lives. It comes as a reminder that while a lot has been achieved, the journey a long and a lot more need to be done. This day is celebrated on 8th of March every year. The theme on this year's International Women's Day is **"Choose to Challenge"**. It indicated that a challenged world is an alert world and from challenge comes change.

On this occasion a symposium was organized in the college campus under the theme **"Women Empowerment"**. A large number of students and faculty members participated in the event and share their valuable words. The programme was presided over by the Worthy Principal, Dr. Surinder Kumar Sharma. Speaking on the occasion, he said that International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also makes a call to action for accelerating women's equality. He also talked about women empowerment and **"Beti Padhao Beti Bachao"**. Prof. Joginder Singh, Assistant Professor Physics also spoke on the occasion. Various students express their thoughts on women empowerment. The programme was co-ordinated by Prof. Rajat Bhardwaj, Department of Sociology. The whole event was hosted by Dr. Subita Sharma, Department of Education.


A community awareness programme was also organized on the eve of International Women's Day. The event was conducted at Govt. Middle School, Darshan Nagar, Nowshera. The main purpose of this awareness programme was to make the women self-reliant and to aware them about their health issues. As many as 30 women of the area attended the programme. They were demonstrated the technique of oyster mushroom cultivation (Dhingri) and enlightened about their health. They were also made aware about the menstrual hygiene which is still a taboo in the society. A Prominent woman of the locality, Ms. Santosh Devi was also felicitated with a certificate and memento for her exemplary work in setting an example for other women.

The event was organized under the supervision of Principal GDC, Nowshera. Prof. Pooja Devi, co-ordinated the event and the organising committee comprised of Dr. Rubeenah Akhter, Ms. Madhu Bala and Ms. Manisha Kanchru. Mr. Suresh kumar, ward member, Darshan Nagar and Mr. Suresh Gujral, Headmaster, Govt. Middle School, Darshan Nagar were also present on the occasion and talked about the role of women in the society.



Sd/-
Principal
GDC Nowshera

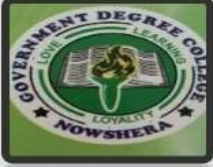
2. POSTER MAKING COMPETITION TO CELEBRATE WORLD NO TOBACCO DAY ON 31ST OF MAY



**GOVT. DEGREE COLLEGE,
NOWSHERA (RAJOURI)**



Red ribbon club & IQAC

Under the auspices of
Azadi ka Amrit Mahotsav
Is organizing
an online Inter-collegiate Poster making competition
to celebrate
World NO TOBACCO DAY, 2021



❖ WRITE THE NAME OF INSTITUTION, YOUR NAME, CLASS AND ROLL NUMBER ON THE TOP OF THE POSTER.

❖ SEND YOUR ENTRIES AT poojavinu@gmail.com
BY 30TH OF MAY, BEFORE 6 PM

Patron:
DR. Surinder Kumar
Principal GDC Nowshera

Organizer:
Pooja Devi
Nodal Officer Red Ribbon Club

जीडीसी नौशहरा ने विश्व तंबाकू निषेध दिवस ऑनलाइन पोस्टर मेकिंग प्रतियोगिता का आयोजन किया

दैनिक जिन्दा सच ब्यूरो नौशहरा सोमवार को रेड रिबन क्लब, जीडीसी नौशहरा ने विश्व तंबाकू निषेध दिवस मनाने के लिए एक ऑनलाइन पोस्टर मेकिंग प्रतियोगिता का आयोजन किया। स्वास्थ्य पर तंबाकू के सेवन के नकारात्मक प्रभावों के बारे में छात्रों में जागरूकता फैलाने के लिए, रेड रिबन क्लब और आईक्यूएसी, जीडीसी नौशहरा ने प्याजादी का अमृत महोत्सव के तत्वावधान में स्कैमिट टू क्विट्स विषय पर एक ऑनलाइन इंटर-कॉलेज पोस्टर मेकिंग प्रतियोगिता का आयोजन किया। जिस में प्रतियोगिता का आयोजन कॉलेज के प्राचार्य डॉ. सु. रंजर कुमार के समग्र पर्यवेक्षण और मार्गदर्शन में आरआरसी नोडल अधिकारी प्रो पूजा देवी द्वारा किया गया था। विभिन्न कॉलेजों के बड़ी संख्या में छात्रों ने दी गई थीम पर आधारित पोस्टर बनाकर अपनी रचनात्मकता और ड्राइंग कौशल का प्रदर्शन किया। जीडीसी हीरानगर

की प्रो. निवि जसंगल और जीडीसी कटुआ की प्रो. श्वेता सरूप ने विद्यार्थियों के पोस्टर का मूल्यांकन किया। प्रविष्टियों में से शीर्ष 3 पदों का चयन किया गया। जीडीसी कटुआ के आदित्य एस. पहले स्थान पर रहे। जीडीसी कटुआ की

संगीता देवी और जीडीसी नौशहरा की रमणीक कोर ने दूसरा स्थान हासिल किया। जीडीसी नौशहरा से चार छात्र यानी गगनदीप चौधरी, जीडीसी कटुआ से वैशिका, जीडीसी नौशहरा की वर्णा शर्मा और जीडीसी कटुआ की रिया शर्मा ने तीसरा

स्थान हासिल किया। यह प्रतियोगिता युवाओं को धूम्रपान छोड़ने के तत्काल और दीर्घकालिक स्वास्थ्य लाभों के बारे में शिक्षित करने में मददगार साबित होगी। जिस में भाग ले कर छात्र काफी खुश नजर आए।



3. SLOGAN WRITING CONTEST TO CELEBRATE “WORLD BLOOD DONOR DAY” ON 14th OF JUNE

Government Degree College, Nowshera

Under the Auspices of Its
Red Ribbon Club

Organises
Slogan Competition On

14th JUNE

**To Commemorate
“Azadi Ka Amrit
Mahotsav”**
(Celebrating 75 Years of Independence)

Patron
Principal
Dr. Surinder Kumar

Organizing Secretary
Prof. Pooja Devi
Convenor Red Ribbon Club



World Blood Donor Day GDC Nowshera organises poster making competition

SAHIL CHOUDHARY

NEWSHERA, JUNE 15: World Blood Donors Day is celebrated every year on 14th of June to thank blood donors for their voluntary, life-saving gifts of blood. In order to create awareness among the college students to donate blood and to acknowledge them with the need for safe blood and blood products, Red Ribbon Club, GDC Nowshera under the auspices of Azadi ka Amrit Mahotsav, today organized an Intra-college Slogan Writing competition to celebrate the "World Blood Donor Day, 2021". The event was organized by Prof. Pooja Devi, Nodal Officer Red Ribbon Club under the supervision and guidance of Dr. Surinder Kumar, Principal of the college.

The students of all the semesters participated with immense zeal and enthusiasm. More than 40 students participated in the competition and submitted their slogans.

The jury comprised of Ms Manisha Kanchru, lecturer EVS and Dr. Rubeenah Akhter, lecturer Economics of GDC Nowshera. The decision regarding the top three positions was made on the basis of certain criteria such as relevance to the theme; clarity of the message and neatness. Shiv Priya Sharma and HarpreetKour of Semester 2nd secured 1st and 2nd position respectively whereas the 3rd position was shared by Sanjana Sharma of Semester 2nd and Amandeepkour of semester 4th. The winners were awarded e-certificates.

जीडीसी नौशहरा ने विश्व रक्तदाता दिवस, 2021 को मनाने के लिए पोस्टर मेकिंग प्रतियोगिता का आयोजन किया

दैनिक जिन्दा सच ब्यूरो

नौशहरा। मंगलवार को विश्व रक्त दाता दिवस हर साल 14 जून को रक्त दाताओं को उनके स्वैच्छिक, जीवन रक्षक रक्त के उपहार के लिए धन्यवाद देने के लिए मनाया जाता है। कॉलेज के छात्रों में रक्तदान करने के लिए जागरूकता पैदा करने और उन्हें सुरक्षित रक्त और रक्त उत्पादों की आवश्यकता के साथ स्वीकार करने के लिए, स्वतंत्रता का अमृत महोत्सव के तत्वावधान में रेड रिबन क्लब, जीडीसी नौशहरा ने एक इंट्रा-कॉलेज स्लोगन लेखन प्रतियोगिता का आयोजन किया। विश्व रक्तदाता दिवस, मनाने के लिए एक कार्यक्रम का आयोजन कॉलेज के प्राचार्य डॉ. सुरिंदर कुमार के निर्देशन में रेड रिबन क्लब की नोडल अधिकारी प्रोफेसर पूजा देवी द्वारा किया गया जिस में सभी सेमेस्टर के छात्रों ने बड़े जोश और उत्साह के साथ भाग लिया। प्रतियोगिता में 40 से अधिक विद्यार्थियों ने भाग लिया और अपने नारे प्रस्तुत किए।

जूरी में मनीषा कांचरू, व्याख्याता ईवीएस और डॉ. रुबीना अख्तर, जीडीसी नौशहरा के अर्थशास्त्र व्याख्याता शामिल थे। शीर्ष तीन पदों के संबंध में निर्णय विषय की प्रासंगिकता जैसे कुछ मानदंडों के आधार पर किया गया था, संदेश की स्पष्टता और साफ-सफाई, दूसरे सेमेस्टर की शिव प्रिया शर्मा और हरप्रीत कौर ने क्रमशः पहला स्थान हासिल किया, जबकि दूसरे सेमेस्टर की संजना शर्मा और चौथे सेमेस्टर की अमनदीपकौर ने तीसरा स्थान हासिल किया। सभी विजेताओं को ई-सर्टिफिकेट दे कर सम्मानित किया गया और छात्रों का हौसला बढ़ाया गया। अभी चौर इस प्रतियोगिता में भाग लेकर काफी खुश नजर आए।

4. POSTER MAKING COMPETITION TO OBSERVE “INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING” ON 26th OF JUNE



Red Ribbon Club, Govt. Degree College Nowshera

In collaboration with J&K State AIDS Control Society
Is organizing Inter-collegiate poster making contest on the eve of
“International Day Against Drug Abuse and Illicit Trafficking”
on 26th of June, 2021

Better knowledge
for better care



THEME OF POSTER: “JUST SAY NO TO DRUGS”

The interested candidates can send their entries on puujavinu@gmail.com by 12:30 pm, 26th of June, 2021

BEST 3 ENTRIES shall be awarded e-certificates.

PATRON
Dr. Surinder Kumar
Principal, GDC Nowshera

CONVENER
Pooja Devi
Nodal Officer, Red Ribbon Club



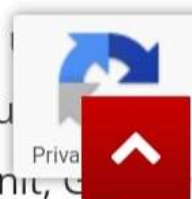
messages of cadets on the theme "Share Facts on Drugs, Save Lives". A Quiz Competition was also organized for all the cadets. Dr Sangita Nagari, Principal of the College applauded the efforts of the cadets.

Red Ribbon Club, GDC Nowshera in collaboration with J&K AIDS Control Society and under the auspices of "Azadi Ka Amrit Mahotsav" organized an inter-college online poster-making competition to observe the International Day against Drug Abuse and Illicit Trafficking. A total of 20 posters were received from students belonging to different institutions of the UT of Jammu and Kashmir. Prachi Bhagat and Rahul Kumar, students of GDC RS Pura shared first position, Sanjana Sharma of GDC Nowshera got second rank while the third position was shared by Gagandeep Choudhary and Tiya Suri of GDC Nowshera.

Online Poster (Say No to Drugs) and Pledge Card Making (Share facts on drugs, Save Lives) competition was held to observe the day

the supervision of Principal Prof Aekta Gu

The programme was organized by NSS unit, c



5. ONLINE POSTER MAKING CONTEST TO CELEBRATE WORLD HEPATITIS DAY on 28th OF JULY



Red Ribbon Club, Govt. Degree College Nowshera
In collaboration with J&K State AIDS Control Society
Is organizing Inter-collegiate ONLINE POSTER MAKING COMPETITION
on the eve of
"WORLD HEPATITIS DAY"
on 28th of July, 2021



The interested participants can send their entries at puujavinu@gmail.com by 28/07/21, 12:30 pm positively.

Top 3 participants shall be awarded certificates.

PATRON CONVENER
Dr. Surinder Kumar Prof. Pooja Devi
Principal, GDC Nowshera Nodal Officer, Red Ribbon Club

**OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)**

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No.DCN/21/367
Dated: 28/07/2021

"GDC Nowshera organized online activities to celebrate World Nature Conservation Day and Hepatitis Day"

World Nature Conservation Day is celebrated annually on 28th of July to aware the people about the various threats to nature and natural resources. We must all participate to protect, conserve and sustainably manage our natural resources. With this objective in mind, Department of Botany, GDC Nowshera organized an inter-collegiate quiz competition to celebrate this day of environmental importance. The quiz questions covered many important aspects related to conservation of natural resources and their sustainable use so as to preserve these for future generations also. As many as 45 responses were received from students of various colleges; GGM Science College, GDC Reasi, GDC Poonch, GDC Nowshera, GDC Kathua, GDC Hiranagar and others. Upon analysis of the quiz, it was found that an average of 8.68 marks were scored by the participants, on a scale of 10 and the scores ranged from 4-10.

This day, 28th of July also marks the observance of World Hepatitis Day in order to raise awareness about this viral disease that causes liver inflammation and claims about 1.4 million lives per year. There is a dire need to make the people aware of the various symptoms, causes and diagnosis of Hepatitis. Red Ribbon Club, GDC Nowshera organized a poster making competition to celebrate this day. As many as 18 students from various institutions across the UT of J&K participated with immense zeal and enthusiasm expressing their drawing skills. Sangeeta Devi and Aditya S. from GDC Kathua shared First position in this competition. The second place was also shared by 2 students of GDC Nowshera; Ashish Singh and Sanjana Sharma. Sakshi Sharma from Central University, Jammu, Rina Sharma from GDC Kathua and Mega Kanchru from GDC Poonch shared 3rd rank. The posters were adjudged by Prof. Anu Sharma, Assistant Professor, Botany, GDC Reasi. "Certificates of Merit" shall be awarded to the toppers.

Both these events were organized by Mrs. Pooja Devi, Astd. Prof. Botany & Nodal Officer, Red Ribbon Club, under the supervision and able guidance of Dr. Surinder Kumar, Principal of the college.

Sd/-
Principal
GDC Nowshera

6. POSTER MAKING COMPETITION ON THE THEME “DRUGS, A GRAVE MISTAKE” ON 14TH OF AUGUST TO CELEBRATE INDEPENDENCE DAY



Govt. Degree College Nowshera

under the aegis of Azadi ka Amrit Mahotsav
is organizing series of activities to celebrate
75th Independence Day



Activities:

01. 9th August 2021: Signature Campaign on Road Safety, on the Theme "Make Indian Road Safe" By NSS and Road Safety Club.

02. 10th August 2021: Seminar on "Quit India Movement" by Dept. Of Sociology and Carrer Counseling Cell.

03. 11th August 2021: Essay Writing Competition on "The Role of freedom fighters in India's Independence" by the Dept. of Punjabi and Chemistry.

04. 12th August 2021: Patriotic song Competition by Dept. of Mathematics and Sociology.

05. 13th August 2021: Cleanliness Drive by NSS and NCC.

06. 14th August 2021: Poster-Making Competition on Drug De-addiction on the theme "Drugs- A Grave Mistake" by RRC.

07. 15th August 2021: Flag Hoisting along with National Anthem, Patriotic Songs, and Plantation Drive by NCC and NSS volunteers.



Patron
Dr. Surinder Kumar
Principal



Organizing Committee
IQAC



OFFICE OF THE PRINCIPAL
GOVT. DEGREE COLLEGE NOWSHERA (RAJOURI J&K)

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No.DCN/21/423

Dated: 16/08/2021

Press Release

The Red Ribbon Club, GDC Nowshera organized a Poster making competition on the theme, "Drugs, A Grave Mistake".

In continuation of a series of activities scheduled to celebrate "Azadi ka Amrit Mahotsava", the Red Ribbon Club of GDC Nowshera organized a Poster making competition on the theme, "Drugs, A Grave Mistake" on 14th of August, 2021.

The main purpose of organizing this contest was to raise awareness among the students about drug abuse and highlight the harmful effects associated with the use of drugs. As India enters into 75th year of Independence, it's a matter of grave concern that the youth of our country is still enslaved by many social evils and Drug Abuse is one amongst them. Through this poster making competition, a large number of RRC Volunteers and other students of the college expressed their willingness and determination to Say No To Drugs and also spread the message in the society so that India becomes independent in true sense. In the competition, Sonia Choudhary of semester VI bagged First position; Sanjana Sharma of semester IV stood Second and Gagandeep Choudhary of semester VI secured 3rd place. The winners shall be awarded e-certificates.

The event was organized by Prof. Pooja Devi, Nodal Officer Red Ribbon Club, GDC Nowshera under the able guidance and supervision of Dr. Surinder Kumar, Principal of the college.

Sd/-
Dr. Surinder Kumar
Principal

